Ingredients



Vegetable oil spray

J teaspoon garlic powder

1 teaspoon onion powder

z cups panko breadcrumbs

J cnb flour

Z chicken breasts, boneless skinless

J/4 feasboon coarse ground black pepper

J/Z feaspoon kosher salt

2 large eggs

1 tablespoon rice vinegar

1 tablespoon sugar

2 tablespoons Sriracha

1/2 cup light mayonnaise

## Baked Barg Barg Chicken Rulling HUNGRY BOYS

- Mix the mayonnaise, Sriracha, sugar and vinegar in a small bowl and set aside.
- Whisk the eggs, salt and pepper in a shallow bowl.
- Cut the chicken breasts into 1" chunks.
- Place the flour into a shallow bowl.
- Mix the breadcrumbs, onion powder and garlic powder together in a shallow bowl.
- Preheat the oven to 375 degrees.
- Coat the chicken with the flour, then dredge in the egg mixture, then into the panko mixture and add to a large baking sheet.
- Spray with vegetable oil spray for 2 seconds.
- Bake for 22-25 minutes or until golden brown.
- While still hot, toss with the sriracha mayonnaise mixture.

