

- J c sykedded cheddar cheese
- Z c elbow macaroni uncooked
  - 5 IB Italian seasoning
    - TB seasoned salt
      - 3 TB soy sauce
        - S bay leaves
- 2 cans diced tomatoes 15 oz cans
  - 2 cans tomato sauce 15 oz cans
    - 3 c water
    - 3 tsp minced garlic
      - Z lbs ground beet

Cheesy Beef Joulash Fueling
HUNGRY Instructions



- Saute ground beef in skillet over medium-high heat until cooked.
- Drain. Add garlic and saute for about 5 minutes.
- Add water, tomato sauce, diced tomatoes, Italian seasoning, bay leaves, soy sauce, and seasoned salt. Stir well. Cover and allow to cook for 15-20 minutes.
- Add the uncooked elbow macaroni to skillet. stir well, return the lid and simmer for about 30 minutes.
- Turn off heat, remove the bay leaves, and add 1 cup of cheddar cheese right before serving.

