

Ingredients



- 2 lbs. ground beef/turkey
- 3 cloves garlic
- 1/2 cup onion, diced
- 2 tablespoons homemade taco seasoning
- 1/2 teaspoon ancho chile powder
- 2 - 10 oz. cans Rotel with green chiles
- 8oz. block cream cheese
- 1/2 cup fresh cilantro, chopped
- 4 cups beef broth
- * optional toppings (shredded cheese, jalapeno, and avocado)

Slow Cooker KETO Taco Soup

MOM
fueling
HUNGRY
BOYS

Instructions

- In a skillet on the stove, crumble and cook ground beef, diced onion, and garlic.
- Transfer ground beef to Crockpot slow cooker. Add seasonings and remaining ingredients.
- Close lid and cook on low for 4 hours, or 2 hours on high.
- Serve with your choice of toppings.

