

Ingredients



- 1 lb ground beef (or turkey or Italian sausage)
- 1 onion finely chopped
- 1 teaspoon minced garlic
- 1 teaspoon salt
- 1 teaspoon dried basil
- 1 teaspoon dried parsley
- * 28 oz can diced tomatoes
- * 650 ml jar pasta sauce about 2 1/2 cups
- * 2 1/2 cups water or chicken broth
- * 375 gram box Penne or Ziti or other short pasta (about 4 cups)
- * 1 cup shredded mozzarella cheese

Slow Cooker Baked Ziti

MOM
fueling
HUNGRY
BOYS

Instructions

- In a large skillet, cook ground beef and onion until browned. Stir in garlic and salt and cook 1 minute. (OPTIONAL: you can also add the raw onion and spices right into the slow cooker to save on time)
- Add beef mixture, basil, parsley, tomatoes, pasta sauce and water to a 4qt (or larger) slow cooker. Stir.
- Cook on low for 6 hours or high for 3 hours.
- Turn slow cooker to high. Add pasta and stir until combined. Cover and continue cooking for 15-30 minutes (depending on how hot your slow cooker is) -- check and stir at the 15 minute mark.
- Sprinkle with cheese and cover for 3-5 minutes until cheese is melted

